

Modelos de Tabela de Turno com Jornada de 12 horas

Tabela 3

TABELA 03		S	T	Q	Q	S	S	D	S	T	Q	Q	S	S	D	S	T	Q	Q	S	S	D	S	T	Q	Q	S	S	D							
3X6 3X5 4X5 4X5 (CICLO DE 35 DIAS)	A	7	7	19	19	F	F	F	F	F	7	7	7	F	F	F	F	F	F	19	19	19	F	F	F	F	F	7	7	19	19	F	F	F	F	F
	B	F	F	7	7	7	F	F	F	F	F	F	19	19	19	F	F	F	F	F	7	7	19	19	F	F	F	F	F	7	7	19	19	F	F	F
	C	F	F	F	F	19	19	19	F	F	F	F	F	7	7	19	19	F	F	F	F	F	7	7	19	19	F	F	F	F	F	7	7	7	F	F
	D	F	F	F	F	F	7	7	19	19	F	F	F	F	F	7	7	19	19	F	F	F	F	F	7	7	7	F	F	F	F	F	F	19	19	19
	E	19	19	F	F	F	F	F	7	7	19	19	F	F	F	F	F	7	7	7	F	F	F	F	F	F	19	19	19	F	F	F	F	F	7	7

Tabela CENPES

CENPES																																					
	S	T	Q	Q	S	S	D	S	T	Q	Q	S	S	D	S	T	Q	Q	S	S	D	S	T	Q	Q	S	S	D	S	T	Q	Q	S	S	D		
A	7	7	19	19	F	F	F	F	F	F	F	7	7	7	19	19	F	F	F	F	F	F	7	7	19	19	19	F	F	F	F	F	F	F	F	F	A
B	F	F	F	F	F	F	F	7	7	19	19	F	F	F	F	F	F	7	7	7	19	19	F	F	F	F	F	F	F	F	7	7	19	19	19	B	
C	19	19	F	F	F	F	F	F	F	7	7	19	19	19	F	F	F	F	F	F	7	7	19	19	F	F	F	F	F	F	F	7	7	7	C		
D	F	F	7	7	19	19	19	F	F	F	F	F	F	F	7	7	19	19	F	F	F	F	F	F	7	7	7	19	19	F	F	F	F	F	F	D	
E	F	F	F	F	7	7	7	19	19	F	F	F	F	F	F	F	7	7	19	19	19	F	F	F	F	F	F	F	F	7	7	19	19	F	F	F	E